

REQUEST FOR INDIVIDUAL LETTERS OF RECOMMENDATION

Rosalind Adgers, Health Professions Administrative Assistant

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NAME of REFERENCE: _____
Full Name and Title

NAME OF APPLICANT: _____
Last First Middle

APPLYING TO: _____
Indicate Health Profession of Interest

I hereby, WAIVE my right of access to this CONFIDENTIAL letter of recommendation.

Applicant Signature

Date

This applicant is applying to a health professions school/program and has requested a committee letter from the Wesleyan University Health Professions Panel. This letter is confidential, and all individual letters of recommendation used in its development must be confidential. Portions of your letter (including your name and professional affiliation) may be used *verbatim* in the development of the committee letter. Moreover, your letter will be part of the committee letter file and will be submitted to the schools to which the applicant has chosen to apply. **Please be sure your letter is dated, includes your full name and title, and is printed on letterhead stationery if you are associated with an academic institution or professional organization (if you do not have letterhead, make sure to include your email address and phone number below your signature).** Please use single spacing and 12-point type. You may address your letter to "To the Members of the Admissions Committee". Your signature on the letter certifies that it was written in its entirety by you on behalf of this applicant. Scan your signed letter and save it as a PDF. **You will receive instructions by email from veCollect to upload your letter of recommendation for this applicant (see the writing guidelines for the letters of recommendation for Medical/Dental/Veterinary Medicine school applicants).** For questions about the Wesleyan Health Professions Panel, please contact Mildred Rodriguez, PhD, Co-Chair, Health Professions Panel, mrodriguez01@wesleyan.edu. Questions about uploading your letter to veCollect may be directed to the Health Professions Administrative Assistant, Rosalind Adgers at (860) 685-3376 or by e-mail: health.professions@wesleyan.edu. Your letter needs to be uploaded to veCollect by the third Wednesday of March of the application year (i.e. if the applicant is applying in March of 2023, then it needs to be in by the third Wednesday of that year).

To the APPLICANT: Please ***complete the upper half of this form*** and provide it to each person who will be writing on your behalf, along with a copy of the "Writing Guidelines for Letters of Recommendation." Provide your recommender with a resume, an unofficial transcript, a written statement about your interest in the health profession you are hoping to enter, and the opportunity to have a conversation with them about your background, motivation, personal and professional goals related to the health profession you are interested in pursuing.

Writing Guidelines for Individual Letters of Recommendation for Medical/Dental/Veterinary Schools

Wesleyan students and graduates who are applying to medical, dental, or veterinary school are eligible to receive an institutional committee letter on behalf of the Health Professions Panel in support of the health professions application. The panel is appointed by the Provost and is comprised of faculty and administrative staff members. While not all colleges and universities offer this type of confidential, composite letter of sponsorship, it is considered very important by most admissions committees in their evaluation and selection process.

In writing our committee letter, we make use of information provided by the applicant – transcripts, a detailed resume, a personal statement addressing their interest in and suitability for a health profession, a two-hour interview, and individual letters of recommendation for the applicant and submitted to veCollect. In drafting the committee letter, we may quote directly from these letters of recommendation, citing your name and title. Because applicants waive their right to read the committee letter, your letter remains confidential. The completed committee letter is sent out to the applicant's designated schools accompanied by all of the individual letters of recommendation that are used in its development.

To be of benefit to Wesleyan applicants, our committee letters must be highly credible and well documented, presenting a clear and individualized portrait of each applicant's abilities, motivation, and commitment to their chosen health profession. If you have been asked to write a letter of recommendation, it is most helpful to us if your letter is candid and specific. Please be sure to state in what setting you have interacted with the applicant and how well you know them. If you do not feel that you know the applicant well enough to write a strong letter on their behalf, please decline. If you do feel that you know the applicant reasonably well, it is still appropriate to ask for a resume that includes additional information about her/his/they academic preparation, employment, community service, research experience, and extracurricular activities. Hopefully, you will be able to spend some time talking with the applicant about her/his/they interest in the field and practice of the health profession they are interested in pursuing.

Health profession schools learn more about the applicant as a person from recommendation letters.

Based on your experience with the applicant, please address some of the following:

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| communication skills (oral, written, and listening); | integrity and responsibility; |
| observational abilities, comprehensive vision, and attention to detail; | personal qualities, such as maturity, warmth, and emotional balance; |
| qualities of mind, such as the ability to grasp, analyze, and synthesize information and ideas; | resilience and adaptability when confronting challenges; |
| intellectual curiosity; | contributions to, and concern for, the wellbeing of others; |
| aptitude for sustained hard work and commitment; | cultural sensitivity; |
| cross-disciplinary fluency; | initiative, flexibility, capacity to engage in productive teamwork |
| organizational and problem-solving skills; | capacity for improvement and personal growth; |
| interpersonal skills, such as tact and thoughtfulness; | reflective capacities, knowledge of limits, and willingness to ask for help |
| critical thinking, quantitative reasoning, scientific inquiry, competency with human behavior | |

In assessing an application, admissions committees also consider what is sometimes termed *distance traveled*. If the applicant has overcome significant obstacles, weathered difficult circumstances, learned from some perhaps regrettable mistakes, or persevered in the face of difficulties out of a sense of responsibility, this may be brought to the attention of the admissions committees.

Most importantly, consider what qualities and abilities you value in a physician, dentist, or veterinarian and whether you believe this individual has the capacity to become a skilled health care professional. Because there are many individuals who are very capable and well suited for other professions, but not necessarily for clinical practice, make sure that you specify at some point in your letter that you are recommending this person for medical, dental, or vet school.

Please be sure your letter is dated, includes your full name and title, and is printed on letterhead stationery if you are associated with an academic institution or professional organization (if you do not have letterhead, make sure to include your email address and phone number below your signature). Your letter should be single-spaced and in 12-point type for readability. Because the letter you submit to veCollect will be used for all the applicant's health professional schools, letters should not be addressed to any specific school or program. A salutation is not required, but you may address your letters generically as "Dear Admissions Committee Members."

You will submit your letter electronically to veCollect. The applicant that has requested your letter will create an "Evaluator" file for you on veCollect and you will receive an email with instructions on how to upload your document. veCollect reviews the letters and is **unable to accept unsigned letters**. The applicant should have provided you with a signed Reference/Waiver form which is part of the individual letter of rec request form that also provided you with some basic guidelines.

Your signature on the letter certifies that it was written in its entirety by you on behalf of the applicant. Please try to upload your letter by the third Wednesday of March of the application year.

We appreciate the great care and thoughtfulness that characterize the letters of recommendation written for our applicants to medical, dental, and veterinary school. Thank you for your efforts on their behalf. Should you have any questions about the work of the Wesleyan Health Professions Panel or the committee letter process for Wesleyan students and graduates, please contact Mildred Rodríguez, PhD, Health Professions Advisor/Program Coordinator and Co-Chair of the Wesleyan Health Professions Panel, 860/685-2199. Questions about veCollect and/or how to upload your letter of recommendation may be directed to the Health Professions Administrative Assistant, Rosalind Adgers, 860/685-3376, Boger Hall, Gordon Career Center, 41 Wyllys Avenue, Wesleyan University, Middletown, CT 06459 or by email at health.professions@wesleyan.edu and CC radgers@wesleyan.edu

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