2024 Entry Year

Instructions and Overview of the
Request for the Committee Letter of
Recommendation File on behalf of the
Wesleyan Health Professions Panel and
the Timeline for all the
Applicants and Re-Applicants to
Medical, Dental, and Veterinary Medicine
Programs

INSTRUCTIONS and OVERVIEW SIGNATURE PAGE

Instructions and Overview of the Request for the Committee Letter of Recommendation on behalf of the Wesleyan Health Professions Panel and the Timeline for All Applicants and Re-Applicants to Medical, Dental, and Veterinary Medicine Programs

I certify that I have <u>read this entire document</u>, <u>understand the content herein</u>, <u>and make myself responsible</u> for following all instructions and deadlines. I understand that if I miss any deadline for the committee letter request, I have the option of requesting a Letter Packet by the last day of May 2023.

DATE:		
PRINTED FULL NAME:		
First	Middle	Last
SIGNATURE:		

Print and complete this page and return to the Health Professions
Administrative Assistant (HPAA) for your Committee Letter File by the third
Friday of March of your application submittal year (e.g. the 17th of March for applicants submitting their application in May of 2023)

You may also scan the signed copy of this page and send by email, please include in the email SUBJECT LINE: Instruction/ Overview Signature Page.

Email to health.professions@wesleyan.edu and use this email for any questions regarding the process.

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IMPORTANT STEPS FOR ALL APPLICANTS and RE-APPLICANTS REQUESTING A
HEALTH PROFESSIONS COMMITTEE LETTER

September 2022—August 2023

DEADLINE: third Friday of March of the application year.

Requests for a committee letter will be accepted starting September 2022.

If any of the required documents are not received by the deadline, the applicant

will receive a letter packet instead of a committee letter.

APPLICANTS and RE-APPLICANTS: Undergraduate and alumni applicants for medical, dental and veterinary medicine programs for the 2024 Entry Year are eligible to receive a Committee Letter of recommendation. Applicants for other health professions can be provided a "Letter Packet" (see page 8). Please note that alumni must request the committee letter within <u>five</u> years after graduation i.e anyone that graduated in 2015 would not be eligible for a committee letter but will be able to request a letter packet.

ATTEND the Health Professions Essential Meeting, this is <u>highly</u> recommended for applicants planning to apply to medical, dental, or veterinary school for entrance in **fall 2024**. This meeting is always held on the **2nd Monday of October**, **from 6:00-8:30 PM**. **This year it will be on 10 October 2022 in Usdan**, Room 108

READ this entire **36-PAGE Handout** including the "Timeline for *ALL* Applicants," on pages 9-11 and take a look at the relevant portions of the "Health Professions" webpage on the <u>Gordon Career Center (GCC) website</u>. Fill out the Instruction Overview Signature Page (**page 2**), then sign and return it to the HPAA

REQUEST a **COMMITTEE LETTER FILE** through the **Gordon Career Center**.

Complete the Committee Letter File Registration Form and make an appointment to see the Health Professions Administrative Assistant (HPAA). *All of her appointments will be via Zoom and can be scheduled on Handshake*.

Prior to your appointment with the HPAA you must complete the forms listed on page 7.

OPEN a veCOLLECT ACCOUNT after meeting with the HPAA to begin collecting individual letters of recommendation (LORs), see page 12 for instructions. We attach these LORs to the committee letter file when we are ready to upload the committee letter file to the **primary**

centralized application (AMCAS, AACOMAS, AADSAS, VMCAS, TMDSAS). We forward this committee letter file to allopathic medical, osteopathic medical, dental, or veterinary medicine schools (30 July - 12 August 2023). You may receive an additional three letters for a total of six letters of recommendation in veCollect. These additional letters must be received no later than the 1st of May. Please note that you will also need to upload to veCollect your supporting documents: personal statement, committee letter resume, and the activity/experience/extracurricular worksheet (see page 16).

REQUEST INDIVIDUAL LETTERS of RECOMMENDATION, complete the "Request for Individual Letters of Recommendation Form" and return to the HPAA. Ask individuals who know you well and have taught you or supervised your work, to write on your behalf. Give them sufficient time to complete the letters before the deadline on the third Friday of March. At least one letter MUST be from a Wesleyan University FACULTY OR STAFF and it is advisable to have one letter from a science faculty member (some medical and dental schools may require two science LORs). Guidelines for letter writers can be found on page 22 of this handout, on the Committee Letter Request webpage (click on "Writing Guidelines for Individual Letters of Recommendation"), and here: AAMC Letters of Evaluation Guidelines...

REQUEST OFFICIAL TRANSCRIPTS from all colleges and universities where you have taken courses and have them sent to the HPAA for your Committee Letter file. These can be sent any time between mid-SEPTEMBER – mid-MARCH for alum (see page 26) and by mid-March for current students. For the Wesleyan transcript, you will need to complete the Request for the Wesleyan Transcript Form and return to the HPAA, for your Committee Letter File by mid-MARCH 2023. These transcripts are for our internal use ONLY and will be uploaded to your veCollect file for the Health Professions Panel review of the committee letter file between June and August of 2023. Our office does not send transcripts to the health professions schools.

COMPOSE your committee letter resume from your **COMPLETED** "Activity/Detail worksheet" describing <u>each of your activities and experiences</u> (pages 28-29). For each experience or activity include: (1) the name of activity or organization, (2) title or role, (3) number of hours per week, (4) dates of involvement, (5) a short description of specific duties, tasks, responsibilities, or accomplishments, and (6) name of your supervisor(s). A word doc version of the "Activity/Detail worksheet" may be downloaded to your computer and MUST be TYPED. This document must be uploaded to veCollect as a word document. Access this template <u>here</u>

WRITE and SUBMIT a 2-3 page PERSONAL STATEMENT. (See the "Personal Statement" section at https://careercenter.wesleyan.edu/resources/panel-and-committee-letters/ and other GCC library resources for guidance.) There will be a Personal Statement Writing Workshop on Tuesday, 18 October 2022, Room 112, Boger Hall, from 6:30-7:50 PM.

SUBMIT your personal statement, resume and accompanying detail/activity summary forms (via veCollect), and official transcript(s), completed "Request for Preparation of a Wesleyan Health Professions Committee Letter" form, "Request for Letter of Clearance" form and signed "Document Transmittal", "Request for a veCollect Account", and the "Request for the Wesleyan Transcript" form via email to the HPAA at health.professions@wesleyan.edu between 16 SEPTEMBER 2022 – 3rd Friday in MARCH 2023 and make an appointment with her on Handshake at https://www.wesleyan.edu/careercenter/students/schedule-an-appointment.html.

SCHEDULE a two-hour Committee Letter INTERVIEW with Mildred Rodríguez PhD, Health Professions Advisor/Program Coordinator. The HPAA will schedule the interview during your initial meeting. Committee Letter Interviews will begin on 4 OCTOBER 2022. For the interview, we will need a rough draft of a personal statement (2-3 paragraphs detailing your motivation for and experiences in the health profession of your interest), a general resume and an unofficial transcript. All of these will be needed 72 hours before the interview.

Send these by email to health.professions@wesleyan.edu, the SUBJECT LINE of this email message should include your "Name and HP Interview Documents."

ATTEND the HEALTH PROFESSIONS MOCK MEDICAL INTERVIEW WORKSHOP. This inperson meeting will be held Monday, 17 October 2022, from 6:30-8:00 PM, USDAN 108, please go to Handshake to find this event and register.

SIGNED REQUEST: Your committee letter file will only be sent out after you have submitted a written request containing your signature, your centralized application ID number(s), and your preferred email address. You may include a tentative list of the medical, osteopathic, dental, veterinary medicine schools to which you are planning to apply. Send this request to Mildred Rodríguez, PhD, Health Professions Advisor, by email and to the Health Professions Administrative Assistant by postal mail, scan and send by email or FAX to (860) 685-2181.

Because your *SIGNATURE* is required, NO PHONE OR unsigned E-MAIL requests will be accepted (see TEMPLATE on page 19). Due by 15 June 2023.

CERTAIN CONDITIONS APPLY: Your Committee Letter will be ready for upload by 12 August 2023 if:

- All necessary documents are submitted by the 3rd Friday in MARCH 2023
- Official transcripts from all universities attended are submitted for the veCollect file
- At least three (3) letters of recommendation (LORs) are received by the 3rd Friday in March 2023;
- Your committee letter interview takes place no later than 1 May 2023 (the deadline)
- You are planning on taking the MCAT by the last test date in July 2023 or earlier*
- You file the centralized application (AMCAS, AACOMAS, TMDSAS, AADSAS, VMCAS)
 to medical/dental/veterinary school by the third Friday of July of the application year.**
- Please note our "official timeline" to upload the committee letter files to
 AMCAS/AADSAS/AACOMAS is 30 July through the second Friday of August 2023. You
 may need to ask medical/dental schools for a time extensions, regarding the arrival of
 our committee letter file

*It is highly recommended that you take your MCAT with enough time to have your scores available when choosing the medical schools you will be adding to your application list and to determine if you feel your application will be sufficiently competitive. If you decide to take the MCAT again, consult with your health professions advisor regarding the timing.

**It can take 4-6 weeks to process, verify, and transmit your centralized application. The medical schools in turn will send out their own applications (the "secondaries"). Ideally, all application materials should be in the hands of the medical schools by mid-August. (this includes the centralized application, secondaries, and the committee letter file or letter packet).

THE COMMITTEE LETTER FILE/LETTER PACKET REGISTRATION Telephone: (860) 685-3376 | FAX: (860) 685-2181

Health Professions Administrative Assistant Hours: M - F 8:00 AM to 1:30 PM Phone: (860) 685-3376 Email: health.professions@wesleyan.edu

REQUIRED DOCUMENTS

These documents MUST be received at the time of your appt with the HPAA.

- Instructions and Overview Signature Page (page 2 of this document)
- Committee Letter Registration Form
- Request for a Committee Letter of Recommendation
- Request for a Letter of Clearance
- Document Transmittal
- Request for a veCollect Account
- Request for the Wesleyan Transcript*
- (if eligible) Request for the Registration Fee Waiver Form

*OFFICIAL transcripts from all universities/colleges attended are required, but the applicant is responsible for supplying non-Wesleyan transcripts to the HPAA.

Additionally, a **Request for Individual Letter of Recommendation Form** is required for each letter writer (minimum of three letters required and a maximum of six letters permitted), however these do not need to be submitted prior to the initial meeting with the HPAA.

Committee Letter File Registration Fee for Medical/Dental school applicants is \$50.

Committee Letter File Registration Fee for Veterinary Medicine applicants fee is \$35.

Please write a check payable to Wesleyan University and submit payment to the HPAA. Applicants may mail the check to:

Health Professions Administrative Assistant Gordon Career Center 41 Wyllys Avenue Middletown, CT 06459

Committee Letter File Fee Waiver: Applicants with extreme financial need may be eligible to have their fee waived by filling out a Registration Fee Waiver Form.

Monitor the receipt of your letters of recommendation on veCollect and if there are any changes to your list of recommenders, inform the HPAA by email.

A health professions committee letter cannot be written for you without a minimum of three letters of recommendation on file by the 3rd Friday in March 2023.

NO health professions committee letter interviews will be conducted after the 31st of May. If you missed this Committee Letter request deadline we will provide a Letter Packet (see info below).

The Committee Letter File will include the Committee Letter, the Health Professions Resume, the individual Letters of Recommendation along with a general cover page that describes the Health Professions Panel review process and some information on the Wesleyan science courses.

A Letter Packet includes a general cover letter and the individual Letters of Recommendation on file in your veCollect account, the deadline to request a Letter Packet is the 31st of May.

COMMITTEE LETTER REQUEST/APPLICATION CHECKLIST 2022-2023 TIMELINE FOR MEDICAL, DENTAL, and VETERINARY APPLICANTS ALUMNI, UNDERGRADUATES, and RE-APPLICANTS

Use this checklist as your own record of your Committee Letter File contents and timeline. All deadlines for the receipt of materials are firm and must be met in order to ensure that your committee letter file on behalf of the Health Professions Panel will be prepared and uploaded by the **second Friday of August**. To set up your veCollect Account, read the instructions on pages 12-17 of this handout carefully and also use the veCollect Overview on the Health Professions Website. If you still have any questions about setting up your veCollect account, set up an appointment with the HPAA on Handshake or by email at health.professions@wesleyan.edu.

The current HPAA has office hours Monday - Friday, 8:00 AM - 1:30 PM.

All meetings/workshops will be posted on Handshake, please find the event and register.

SEPTEMBER-DECEMBER 2022

-Read the relevant portion of the "Health Professions" section found on the Health Professions website
-Open a Committee Letter File by completing the Registration Form
-Set up your veCollect Account using the <u>veCollect Overview</u>
$- Request \ individual \ Letters \ of \ Recommendation \ (LORs) \ by \ completing \ a \ \underline{Request \ Form} \ for \ each \ letter$
writer and have them uploaded to veCollect (review the Letter Writer Guidelines)
-Hand in the signed Instruction and Overview Signature Page to HPAA
-Schedule the two-hour Committee Letter Interview through the HPAA
Note that Interviews will be held 4 October 2022 - 31 May 2023
-Attend Health Professions Essential Meeting, Monday, 10 October 2022
–Attend Health Professions Personal Statement Workshop, 18 October 2022
-Attend MCAT Overview, 21 September 2021, DAT Overview, 22 September 2022
-Attend Health Professions Mock Medical Interview Workshop, 17 October 2022
JANUARY 2023
—Contact alumni or friends attending the medical/Dental schools that may interest you and ask them
about their experience, the school's student support services, curriculum, etc.
-Request official transcripts from all colleges and universities attended (including Wesleyan) and
have them sent to the HPAA at Boger Hall by the 3 rd Friday in March 2023
-Update resume and complete Extracurricular Activity Detail Form
-Draft and revise your personal statement.

FEBRUARY 2023
Remind your individual letters of recommendation writers of the the 3 rd Friday in March 2023
Register early for the MCAT/DAT. Take the MCAT exam before the last test date in June to present a
timely application
Re-Applicants, schedule your Committee Letter Interview appointment by 30 May 2023
Attend the "After Wes" Med Student Panel scheduled provisionally for February 2023
MARCH 2023
Upload to veCollect your final draft of the Personal Statement, HP resume, Activity Detail form. Submit a
forms, documents and official transcripts by the 3 rd Friday in March 2023
Return the Instruction and Overview Signature Page to the HPAA
Three Letters of recommendation are uploaded to veCollect by the 3rd Friday of March.
NO REQUESTS for an HP COMMITTEE LETTER will be ACCEPTED AFTER the last week of April 2023, 1:30 PM, except for re-applicants.
APRIL 2022
Attend the AMCAS Application Overview, 19 April 2023, 6:30-8:00 PM
Attend the AADSAS Application Overview, 20 April 2022, 6:00-7:30 PM
Begin researching medical schools using the Association of American Medical Colleges (AAMC) current
Medical School Admission Requirements (MSAR) and individual schools' web pages
Begin researching osteopathic medical schools using the <u>Student Guide</u> and the MD schools using the
Association of American Medical Colleges (AAMC) current Medical School Admission Requirements
(MSAR) and individual medical schools' websites
Re-Applicants schedule COMMITTEE LETTER Interview BEFORE the 1st of May 2022
Discuss instances of <u>institutional action</u>
(your Letter of Academic and Disciplinary Clearance) with your Health Professions Advisor, given
that these need to be discussed on your centralized application (page 33)
MAY 2023
Last day for the Committee Letter Interviews - 30 May
Last day to request a Letter Packet - 31 May
It is advisable, for many reasons, to have your MCAT, DAT, or GRE scores in hand prior to filing your
centralized (primary) application. However, it is essential that you take this important exam only when you
feel confidently prepared.
Access and initiate work on the primary application for your health profession (e.g. AMCAS)
Discuss instances of <u>institutional action</u> with your Health Professions Advisor
Begin pre-writing for your secondary applications as soon as you submit your primary

JUNE-JULY 2023

To have your committee letter uploaded, you must submit the AMCAS/AACOMAS/AADSAS by the
start of July 2022.
Request official copies of all transcripts sent to the AMCAS, AACOMAS, AADSAS, VMCAS, TMDSAS
application service(s) as soon as they will accept them (contact the registrar, page 26)
Notify the HPAA and Mildred Rodríguez, PhD, the Health Professions Advisor/Program
Coordinator of your AAMC, AMCAS, AACOMAS, AADSAS, VMCAS or TMDSAS ID#
Complete AMCAS/AACOMAS/AADSAS application and file before the end of June-start of July
Complete applications for any schools that do not use the common application for your health profession
Complete secondary applications promptly as you receive them, try for a 7-21 days turnaround
Mail or scan to the HPAA your Signed Request including, ID numbers, and your
preferred email address. Your SIGNATURE is REQUIRED, phone requests are NOT accepted.
See page 19 of the Committee Letter Request Handout for a Template, Due by 15 June 2023
You may need to ask medical/dental schools for time extensions, regarding the arrival of our committee
letter file.
See the Post-Interview Checklist on the Request a Committee Letter Webpage
AUGUST 2023
Committee Letter File uploaded to AMCAS—AACOMAS—AADSAS—VMCAS—TMDSAS
AUGUST-SEPTEMBER-OCTOBER-NOVEMBER-DECEMBER
Attend the Zoom Mock Medical Interview offered in August (check the Handshake Events page)
Prepare for your Health Professional program interviews, schedule a mock medical interview through
$Hand shake \ with \ your \ Health \ Professions \ Advisor \ \textbf{Register for} \ \underline{Big\ Interview} \ \textbf{and} \ \textbf{videotape} \ \textbf{your interview} \ \textbf{and} \ \textbf{your interview} \ \textbf{and} \ \textbf{your interview} \ \textbf{and} \ \textbf{your interview} \ your inte$
practices (use your Wesleyan email address to register for free).
SPRING 2024
Prepare for your entrance to your health professions program, complete the FAFSA for your financial aid
needs upon matriculation
Peruse the <u>Financial Aid Resources</u> at AAMC
Follow instructions for the Choose Your Medical School Tool

SUMMER/FALL 2024

Upon Acceptance to a College of Medicine, find a place to live and begin the move Complete the Matriculation process for your Health Professions program

veCollect Instructions

Read this entire set of instructions. Access to veCollect will only be given to applicants pursuing applications to health professions schools. veCollect is used internally as part of our committee letter process, the health professions programs you are applying to will only have access to what we upload to the primary application as part of the committee letter file or a letter packet.

All applicants to Medical, Dental, and Veterinary Medicine requesting a Committee Letter on behalf of the Health Professions Panel must utilize this service to collect the individual letters of recommendation which will be included as part of the committee letter file or letter packet. veCollect is also utilized to have the applicants upload their health professions resume (page 30), transcripts, personal statement and extracurricular detail worksheet. All of these documents along with a draft of the committee letter are reviewed from June thru August by the Health Professions Panel in finalizing the draft of the committee letter** to be uploaded to your primary application (see adding Quivers on page 17).

Applicants requesting a Letter Packet for application to other health professions such as, Optometry, Physician Assistant, Pharmacy, Nursing, Podiatry, Physical Therapy and Occupational Therapy will also have access to veCollect. For letter packets, applicants will only need to have the individual letters of recommendation uploaded and the cover letter [See The Letter Packet Instructions Handout on the HP website].

Creating a veCollect Account:

After having submitted a veCollect Account Request Form to the HPAA, and paying the Committee Letter File Registration Fee (or qualifying fee waiver), you will receive an **Authorization Code** from the HPAA. Go to https://collect.virtualevals.net and click on "Register for Access" in the upper right-hand corner of the screen. Follow the instructions, note that Wesleyan is one of two schools under Connecticut. Once you create your account, bookmark the website. Along with these detailed instructions, please review the veCollect.overview, which provides screen shots of the step-by-step process to set up and using your account.

You will receive a notification by email from veCollect when your account is activated and may then begin to use veCollect. If you forget your log-in information click on the "Having Trouble Logging In?" prompt and follow the instructions to regain access.

Below are some general instructions to help you begin setting up your account. veCollect has a number of short instructional videos that you may access as a resource. You must complete all of the steps to set-up your veCollect account by the 1st of May (including setting up your 'Quivers') in preparation for the committee letter file reviews. It is important that you follow all of these instructions very carefully given that the Health Professions Panel will not be able to review your committee letter file if any of your documents are missing or your Quivers have not been set-up (see page 17).

*Note, letter packet files **do not** undergo review by the Health Professions Faculty Panel.

The "My Evaluators" Tab-Evaluator Records:

Students need to create both an Evaluator AND Letter Record for each person that will be submitting a letter on their behalf, INCLUDING one for the Committee Letter or Letter Packet

- Click on "Add New Evaluator" to set up records for each letter-writer. Enter the contact information for each evaluator, including their accurate email address. Then click Create Evaluator Record. Set up a "send letter request email" for each evaluator.
- Set up an evaluator record for the Committee Letter, using the following information:

Title: Dr.

First Name: Mildred Last Name: Rodríguez

Address: Boger Hall, 41 Wyllys Avenue

City: Middletown

State: CT

Postal Code: 06459

Email: health.professions@wesleyan.edu

Phone: 860-685-2180

Applicants **should not send a letter request email** for the Committee Letter. Committee Letter files will be uploaded from 30 July through 12 August 2022 directly to the centralized application service.

For those applying to **BOTH MD, DO, and/or TMDSAS (any combination of these)**, we create three separate copies of the committee letter, one has your AAMC ID# and AMCAS Letter ID#, another copy has your AACOMAS ID#, and a third copy of the committee letter would have the TMDSAS ID#.

You will need to create a **separate** Evaluator Record on veCollect for the copy of the committee letter with the AACOMAS ID# and the TMDSAS ID#. This will allow us to distinguish which letter to upload for the DO School Quiver and TMDSAS Quiver (see Create a Quiver on **page 17**).

• Set up an evaluator record for the Committee Letter for **AACOMAS/TMDSAS** using the following information:

Title: Dr.

First Name: Mildred

Last Name: Rodríguez AACOMAS or Rodríguez TMDSAS

Address: Boger Hall, 41 Wyllys Avenue

City: Middletown

State: CT

Postal Code: 06459

Email: health.professions@wesleyan.edu

Phone: 860-685-2180

• For those requesting a letter packet, set up an evaluator record for the **Letter Packet cover letter** using the following information (address, email and phone same as above):

Title: Dr.

First Name: Mildred

Last Name: Rodríguez LettPacket

Re-Applicants:

If you are a **Re-Applicant** you will be provided an updated committee letter of recommendation. The new Committee Letter will be an update, including your most recent activities, experiences, achievements, etc. This updated Committee Letter will contain the new AMCAS Letter ID # [which is generated every year]. The previous Committee Letter will become an extension of this updated letter so that it is all in one file. To distinguish this "newer" committee letter from the previous copy in your veCollect file, follow the instructions below:

Title: Dr.

First Name: Mildred

Last Name: Rodríguez MED 2023 (2023 is your application year)

or Rodríguez TMDSAS 2023 (for the TMDSAS Quiver) or Rodriguez AACOMAS 2023 (for the

osteopathic programs) or Rodríguez DENTAL 2023 (for dental applicants).

Address: Boger Hall, 41 Wyllys Avenue

City: Middletown

State: CT

Postal Code: 06459

Email: health.professions@wesleyan.edu

Phone: 860-685-2180

If you are asking an Evaluator that submitted an individual letter of recommendation on your behalf for a past application cycle to update their letter, create a new evaluator record and letter record including NEW after the letter writer's last name so that you can distinguish it from the previous letter. Then add that "NEW" Letter Record to the new MED QUIVER 2023. The updated letter [with a more recent date] when submitted will replace the previous letter.

First, always request that your letter be updated by speaking with your recommender. Once the evaluator agrees to update and re-submit their letter, you can simply click the envelope icon within their evaluator record to send the veCollect email request. Remember to advise the evaluator to look out for an email from veCollect (the email may go to their junk mail). **The email sender will look like this:** collect+3d2a24..c00b13d5ffe11@virtualevals.org Which is basically the word 'Collect+' with a series of random letters and numbers that will be specific to your veCollect ID which is generated by Virtual Evals to collect your letters.

The "My Evaluators" Tab—The Letter Record:

Step One:

Once you create an Evaluator Record you will complete the steps for the Letter Record for each person that will be submitting a letter on their behalf, INCLUDING one for the **Committee Letter** or for a Letter Packet:

• Click on "Add New Evaluator" to set up records for each letter-writer. Enter the contact information for each evaluator, including their accurate email address. Then **click Create Evaluator Record.** Set up a "send letter request email for each evaluator

Step Two:

- Under the name of the evaluator you just created, click **Create New Letter Record**. Select the type of school you are applying to (i.e. Medical, Dental, etc.). Students applying to Medical School, whether allopathic MD programs, osteopathic DO programs, MD/PhD programs, or any combination, should select **MEDICAL SCHOOLS** as the **Letter Type**.
- On this page, you <u>must</u> provide a response and signature regarding the FERPA statement [type your name in the box]. Then click **Create Letter Record**. In <u>waiving</u> your right to see the individual letters of recommendation (LORs), the admissions panel at the health professional school you are applying to will consider the LORs to be an accurate and more transparent review of your competitiveness as an applicant. The committee letter is confidential and the individual LORs must also be confidential since they will be included in the committee letter file. The letter writers will see the FERPA notice. You will NOT be able to see any of the documents uploaded to veCollect.
- For the **Committee Letter Process or the Letter Packet Request**, you will ALSO need to complete a "Request for Individual Letters of Recommendation Form" for each individual letter writer waiving your rights to see the LORs and <u>return those forms</u> to the HPAA. [This form is available on the Committee Letter Request webpage and the completed forms must be returned by the 3rd Friday of March 2023.]

Step Three:

Notifying your Evaluators on VeCollect:

When looking at the "My Evaluators" page, you will see a clickable "envelope icon" next to the letter records:

• When you are ready to notify an evaluator to submit their letter, click on the envelope icon to send an email to them. The email will contain instructions for submitting their letter to veCollect. Inform the evaluator to look out for an email from veCollect, it may go to their junk mail.

The email sender will look like this: collect+3d2a24..c00b13d5ffe11@virtualevals.org Which is basically the word 'Collect+' with a series of random letters and numbers that will be specific to your veCollect ID which is generated by Virtual Evals to collect your letters.

• When an evaluator has submitted their letter, a red Adobe Acrobat (PDF) symbol will appear within the evaluator record. Please note: It takes 1-3 business days from the time a letter is

submitted for the letter to be matched to your account using your veCollect account number. If you hover over the symbol with your mouse, it will tell you the date the letter was received.

If possible, applicants should request the letter in person before sending the email request to their letter writers. See the "Requesting Letters of Recommendation" section in the "Instructions and Overview of the Request for the Committee Letter of Recommendation" handout (page 21) and recommendations on our website, for who, how, and when to ask for an individual Letter of Recommendation (LOR). ALL LORs **must have the letter writer's signature**.

Step Four:

This is not required for the Letter Packet**

For the committee letter process, create an Evaluator Record entry for YOURSELF and a separate Letter Record in order to upload each of your supporting documents separately, for example:

First Name: YOUR FIRST NAME

Last Name: YOUR LAST NAME (add here the descriptor of the document to be uploaded)

Address: 45 Wyllys Avenue, BOX 34521

City: Middletown

State: CT

Postal Code: 06459

Email: XYZZYX@wesleyan.edu

Phone: (111) 222-3333

FOR EXAMPLE:

Letter Record 1: YOUR FIRST NAME: Jane

Letter Record 1: YOUR LAST NAME Doe Resume (Jane Doe Smith Resume)

Letter Record 2: YOUR LAST NAME Personal Statement (Jane Doe Personal Statement)

Letter Record 3: YOUR LAST NAME Worksheet (for the Experiences/Extracurricular Detail

Worksheet)

Complete a "send email request" for each document to yourself to receive the request to upload each of your documents separately to veCollect.

When you receive the three emails from veCollect you will upload your Committee Letter Resume, the Health Professions Activity/Experience/Extracurricular Detail Worksheet, and your finalized Personal Statement. Do not send multiple documents to the same email request, because the document will overwrite the document you uploaded first.

Step Five:

Create an **Evaluator Record** entry so that we can upload your **Transcript(s)** for the perusal of the Health Professions Panel. You will designate this as "**Other**" for the Letter **Record** in order to upload that document (this step is NOT required for the Letter Packet requests). The HPAA will upload your transcript, she will not upload these by the **March deadline**. She will upload the

transcripts by mid- May and with plenty of time so that the panel members can view these when they begin the review process. Include Transcript as part of the last name (see below).

Evaluator Record:

First Name: Darwin

Last Name: Pappas-Fernandes TRANSCRIPT

Address: Boger Hall, 41 Wyllys Avenue

City: Middletown

State: CT

Postal Code: 06459

Email: health.professions@wesleyan.edu

Phone: (860) 685-3376

Letter Record: "Other" from HPAA

The "My Institutions" Tab

Applicants **must NOT** enter their selected medical, dental, veterinary medical schools into this section. The HPAA will be creating a file using a "Load and Merge" function on veCollect and will then upload the committee letter file directly to AMCAS, AACOMAS, AADSAS, TMDSAS and the VMCAS (vet school). If you are applying to a school that does not participate in AMCAS, AACOMAS, AADSAS, VMCAS, TMDSAS; you will need to provide a complete postal address for that school and we will mail your committee letter file to that specific school.

The "My Quiver" Tab

In preparation for the receipt of individual letters of recommendation:

- Create a Quiver by clicking on "Create New Quiver"
- In the description, refer to the program type, i.e. MD Quiver, DO Quiver, Dental Quiver, TMDSAS
- Select all of the letters to be included in the committee letter file or Letter Packet File, INCLUDING the Committee Letter (even if it has not been uploaded yet) or Letter Packet Cover Letter. You may collect more letters in your account than you end up adding to your Quiver. Your Quiver is limited to 7 letters plus the Committee Letter or letter Packet Cover Letter.

If an applicant is applying to MD, DO programs or to Texas schools—the TMDSAS:

You will need to create three Quivers (one for each program type). Students will assign the appropriate letters to each Quiver. For example, there may be a letter from a D.O. that you might prefer to be included only in the DO Quiver or in the DO Letter Packet Quiver.

- Create a Quiver for the documents you have uploaded. This Quiver will be referenced by your full name/supporting documents, e.g. Mary Smith Supporting Documents

 A Supporting Documents Quiver is not required for the Letter Packet Request.
- The MD, DO, TMDSAS, Dental, or Veterinary Medicine School Quiver that you create should include the committee letter from Mildred Rodríguez (AACOM version for the DO Quiver, TMDSAS version for that Quiver), the individual Letters of Recommendation (LORs) that you would like us to include as part of the committee letter file, and the Health Professions Resume (e.g. Jane Doe Smith Resume) you prepared as per the TEMPLATE (page 30)

- The "Applicant" Supporting Documents Quiver will include your committee letter, resume, personal statement, transcript- from the HPAA, activity detail worksheet (which for most of you appears as "Other"), and the committee letter from Mildred Rodríguez. This quiver is for the HP Panel Members Review of your file. The HP Panel members need to see all of your documents in one place. Your file will NOT be reviewed if this quiver has not been created. This will delay the upload of your committee letter file to the primary application (AMCAS, AACOMAS, AADSAS, TMDSAS)
- The MD, DO School, Dental, Letter Packet Quiver that you create should include the cover letter from Mildred Rodríguez (AACOM version for the DO Letter Packet Quiver) and the individual Letters of Recommendation (LORs) that you would like us to include as part of the letter packet. You do not need a Supporting Documents Quiver.
- Do not "Process & Lock" any of the Quivers at any time. This is very important since these documents will be made available to the Health Professions Panel members. The Panel will review the supporting documents and the committee letter as part of the review process before we finalize the draft of the committee letter.
- Please note that when you "Lock" a Quiver you are not able to add or remove documents from that Quiver, you will need to have free access to your veCollect Quivers at all times.
- Re-Applicants: You will need to create a NEW Quiver for the current cycle. Please title the Quiver using the application year (2023) or entry year (e.g. Medical School 2024 EY Cycle Quiver). Re-applicants do not need a new Supporting Documents Quiver.

Ready for Upload

When the committee letter is done, the PDF symbol will appear in the box for the committee letter record. The Official Timeline for Committee Letter uploads for this cycle is between 31 July-12 August 2023. Once you have set up your Quiver(s), confirm that all of the expected letters of recommendation have been received by your veCollect account, including the Committee Letter or Letter Packet Cover Letter. Each Quiver that you have created needs to be checked so that it contains ALL the letters you would like Wesleyan to upload on your behalf to the health professional schools to which you have sent applications. Once you have completed your veCollect Set-Up, please contact the HPAA so that she can confirm that everything has been done correctly. At this point you must also prepare to submit your Signed Request for your Committee Letter Upload by 15 June 2022. No letters will be sent out without this request. You may ask medical/dental schools for a time extension, regarding the arrival of our committee letter file. Address your questions regarding veCollect to the HPAA, (860) 685-3376 or by email at health.professions@wesleyan.edu

Committee Letter File or Letter Packet UPLOAD per The Buckley Amendment

By Federal Law as per The Buckley Amendment, your committee letter file or letter packet, including the individual letters of recommendation on file with veCollect will only be sent out to the health professions programs *after* you have submitted to the Health Professions Administrative Assistant, a written request containing your signature, your AAMC, AMCAS Letter ID, AACOMAS, AADSAS, VMCAS, and/or TMDSAS ID number(s), your preferred email address, and a tentative list of the health professional schools to which you may be applying. We will accept **signed requests** delivered in person, received by postal mail, scanned and sent as a PDF by email, and faxed requests to 860-685-2181, however.nielephone and unsigned email requests will NOT be accepted. If faxing, please follow-up with an email message indicating that a request has been faxed to health.professions@wesleyan.edu

TEMPLATE of Signed Request for your Committee Letter File Upload

DUE DATE: 15 June 2022

FULL NAME: Jane Smith

I am writing to formally request that my Committee Letter File be uploaded/sent to AMCAS,

AACOMAS, TMDSAS, AADSAS, VMCAS on my behalf [provide all relevant ID #s].

My preferred email is XXYYZZ@wesleyan.edu or XXYYZZ@gmail.com

AAMC ID #
AMCAS Letter ID #
AACOMAS ID #
TMDSAS ID #
AADSAS ID #
VMCAS ID #

I am enclosing a **tentative list** of schools:

Albert Einstein College of Medicine

Boston University School of Medicine

Geisel School of Medicine at Dartmouth

George Washington University School of Med & Health Science

Hofstra Northwell School of Medicine at Hofstra University

Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo

Lewis Katz School of Medicine at Temple University

University of Chicago Pritzker School of Medicine

The Pennsylvania State University College of Medicine

Best regards,

Your Signature

The Committee Letter Designation on the Centralized Application

If you have requested a Committee Letter from Wesleyan, and have met the deadlines, you will indicate "committee letter" when completing your primary application. In the AMCAS application for example, this entry generates a unique AMCAS Letter ID # for the Wesleyan committee letter. The Committee Letter file from Wesleyan consists of a (1) cover page that describes the committee letter file review process, (2) the Committee Letter, (3) the Committee Letter Resume, and (4)the individual Letters of Recommendation on behalf of the applicant that have been uploaded to veCollect.

There are three types of letters that can be uploaded to AMCAS, the applicant must select a type of letter and enter the evaluator information. You may add a separate "individual letter writer" even after submitting the AMCAS having selected committee letter as your first entry.

Taken from AAMC.org;

see information on the Fee Assistance Program and the entire **AMCAS Applicant Guide** at: https://students-residents.aamc.org/applying-medical-school-amcas/

For instructions for the AADSAS go to:

http://www.adea.org/GoDental/The application to dental school ADEA AADSAS.aspx

Scroll down to "Highlights and Important Notes" and click on "Instructions"

Selecting Letter Writers and Requesting Individual Letters of Recommendation

Medical/Dental schools are interested in seeing letters of recommendation from your professors (at least one in the sciences), employers, and others who have supervised you and can provide comments based on their observation of your performance. Consider individuals that know you well, that are able to write a supportive letter while discussing your skills, personal attributes, intellectual ability and potential as a health professional. The diversity of your letter writers will provide the admissions board a well-rounded perspective of you as an applicant.

At least one letter MUST be from a Wesleyan University FACULTY OR STAFF and it is advisable to have one letter from a faculty member from your chosen major and/or the sciences (some schools require two letters from science professors (this may include a letter from your research supervisor or PI, check for specific information on the various HP school's website)

Provide your letter writers with a packet consisting of a cover page that includes: your name, major(s), minor/certificates, graduation year, GPA, a resume, and a brief statement regarding your interest in the health profession you are pursuing. If possible, schedule an appointment to talk to your letter writers about your background and your aspirations for a career in medicine/dentistry/veterinary medicine.

The ideal number of recommendations varies from applicant to applicant. For some applicants, three letters will suffice; others may want to solicit up to six. If you are unsure about whom to ask for a recommendation, or how many letters you should request, talk with the Health Professions Advisor/Program Coordinator.

Give individuals you have asked to write on your behalf plenty of time to write your letter of recommendation, typically 6-8 weeks in advance. It may take several weeks or more to get your letter written. However, you will need to have at least three letters uploaded to veCollect by the third Friday of March of the application year.

Instructions for Letter Writers

Letters of Recommendation for Medical/Dental/Veterinary Schools

Please be sure your letter is dated, includes your full name and title, is printed on **letterhead stationery** and has your **SIGNATURE**. Your letter should be single-spaced and in 12-point type for readability. Because the letter you submit via veCollect will be used for all of the programs the applicant is applying to, letters should not be addressed to any specific school or program. A salutation is not required, but you may address your letters **generically to "To Whom It May Concern or "Dear Admissions Committee Members."**

If you have been asked to write a letter of recommendation on behalf of a Wesleyan student/alum, it is most helpful if your letter is candid and specific. Please be sure to state in what capacity you know the applicant and how well you know the applicant. Even if you do feel that you know the applicant reasonably well, it is still appropriate to ask for a resume with additional information about her/his/their academic preparation, employment, community service, research experience, and extracurricular activities. Hopefully, you will be able to speak with the applicant about her/his/their interest in the field and practice of healthcare.

The admissions committees at the various health professional schools will have access to transcripts and standardized test scores, but it is from letters of recommendation that they can learn more about the applicant as a person. Based on your experience with and knowledge of the applicant, you may want to address some of the following:

communication skills (oral, written, and listening);

observational abilities, comprehensive vision, and attention to detail;

qualities of mind, such as the ability to grasp, analyze, and synthesize information and ideas; intellectual curiosity;

aptitude for sustained hard work and commitment;

cross-disciplinary fluency;

organizational and problem-solving skills;

interpersonal skills, such as tact and thoughtfulness;

integrity and responsibility;

personal qualities, such as maturity, warmth, and emotional balance;

resilience and adaptability when confronting challenges;

contributions to, and concern for, the wellbeing of others:

cultural sensitivity;

initiative, flexibility, capacity to engage in productive teamwork

capacity for improvement and personal growth;

reflective capacities, knowledge of limits, and willingness to ask for help.

In assessing an application, admissions committees also consider what is sometimes termed distance traveled. If you are aware that the applicant has overcome significant obstacles, weathered trying circumstances, learned from some perhaps regrettable mistakes, or persevered in the face of difficulties out of a sense of responsibility, this may be brought to the attention of admissions committees.

Most importantly, consider what qualities and abilities you value in a health care professional and whether you believe this individual has the capacity to become a skilled health practitioner. Because there are many individuals who are very capable and well suited for other professions, but not necessarily for clinical practice, make sure that you specify at some point in your letter that you are recommending this person for the specific health profession of their interest.

To see the AAMC Guidelines for Letter Writers for Applicants to Medical School as a reference, go to: https://www.aamc.org/system/files?file=2019-09/lettersguidelinesbrochure.pdf

Please be sure your letter is dated, includes your full name and title, and is printed on letterhead stationery if you are associated with an academic institution or professional organization. Make sure to include your email address and phone number below your signature, if it doesn't appear elsewhere.

Your letter should be single-spaced and in 12-point type for readability. Because the letter you submit will be used for all the applicant's health professional schools, letters should not be addressed to any specific school or program. A salutation is not required, but you may address your letters generically as "Dear Admissions Committee Members."

You will submit your letter electronically to veCollect. The applicant who requested your letter created an "Evaluator" file for you on veCollect and you will receive an email with instructions on how to upload your document. Look out for an email from veCollect, it may go to junk mail. The email sender will look something like this: collect+3d2a24..c00b13d5ffe11@virtualevals.org. This is the word 'Collect+' with a series of random letters and numbers that will be specific to your veCollect ID. veCollect reviews the letters and is **unable to accept unsigned letters**. The applicant should have provided you with a signed Individual Letter Request Form that includes a Waiver Statement. Please note that the applicant must waive their right to see your letter given that the Wesleyan Committee Letter is confidential and as part of the Committee Letter File, all individual letters of recommendation enclosed must also be confidential. This letter request form also provides you with these basic writing guidelines handout.

Your signature on the letter certifies that it was written in its entirety by you on behalf of the applicant. Portions of your letter (including your name and professional affiliation) will be used verbatim in the development of the committee letter on behalf of the Wesleyan Health Professions Panel. Moreover, your letter in its entirety will accompany the committee letter and other individual letters of recommendation as a "Committee Letter File" and will be distributed to the schools to which the applicant has chosen to apply. Should you have any questions about the Committee Letter File process, you may direct them to the Health Professions Administrative Assistant (860) 685-3376 or health.professions@wesleyan.edu.

General Writing Guidelines Letters of Recommendation For Health Professional Schools

If you have been asked to write a letter of recommendation on behalf of a Wesleyan student/graduate, it is most helpful if your letter is candid and specific. Please be sure to state in what capacity you know the applicant and how well you know the applicant. Even if you do feel that you know the applicant reasonably well, it is still appropriate to ask for a résumé with additional information about her/his/they academic preparation, employment, community service, research experience, and extracurricular activities. Hopefully, you will be able to spend some time speaking with the applicant about her/his/their interest in the field and practice of healthcare.

It is from letters of recommendation that the admissions committees can learn more about the applicant as a person. Based on your experience with the applicant, please address some of the following:

communication skills (oral, written, and listening); observational abilities, comprehensive vision, and attention to detail; qualities of mind, such as the ability to grasp, analyze, and synthesize information and ideas: intellectual curiosity; aptitude for sustained hard work and commitment; cross-disciplinary fluency; organizational and problem-solving skills; interpersonal skills, such as tact and thoughtfulness; integrity and responsibility; personal qualities, such as maturity, warmth, and emotional balance; resilience and adaptability when confronting challenges; contributions to, and concern for, the wellbeing of others; cultural sensitivity: initiative, flexibility, capacity to engage in productive teamwork capacity for improvement and personal growth: reflective capacities, knowledge of limits, and willingness to ask for help.

In assessing an application, admissions committees also consider what is sometimes termed *distance traveled*. If you are aware that the applicant has overcome significant obstacles, weathered trying circumstances, learned from some perhaps regrettable mistakes, or persevered in the face of difficulties out of a sense of responsibility, this may be brought to the attention of admissions committees.

Most importantly, consider what qualities and abilities you value in a health care professional and whether you believe this individual has the capacity to become a skilled health practitioner. Make sure that you specify at some point in your letter that you are recommending this person for the specific health profession of their interest.

Please be sure your letter is dated, includes your full name and title, and is printed on letterhead stationery if you are associated with an academic institution or professional organization (if you do not have letterhead, make sure to include your email address and phone number below your signature). Your letter should be single-spaced and in 12-point type for readability. Because the letter you submit to veCollect will be used for all the applicant's health professional schools, letters should not be addressed to any specific school or program. A salutation is not required, but you may address your letters generically as "Dear Admissions Committee Members."

You will submit your letter electronically to veCollect. The applicant that has requested your letter will create an "Evaluator" file for you on veCollect and you will receive an email with instructions on how to upload your document. Look out for an email from veCollect, it may go to junk mail. The email sender will look something like this:

collect+3d2a24..c00b13d5ffe11@virtualevals.org. Which is basically the word 'Collect+' with a series of random letters and numbers that will be specific to your veCollect ID which is generated by Virtual Evals to collect your individual letters. veCollect reviews the letters and is unable to accept unsigned letters. The applicant should have provided you with a signed Individual Letter Request Form that includes a Waiver Statement. Please note that the applicant must indicate that they waive their right to see your letter given that the Wesleyan Letter Packet Cover Letter is confidential and as part of the packet your letter needs to be confidential as well. The applicant should have provided you with a signed reference/Waiver form which is part of the individual letter of rec request form that also provided you with some basic guidelines. The veCollect email with look like this:

From: collect+0148f860-c1a6-40e7-aacf-ba02b3089bb4@virtualevals.org <collect+0148f860-

c1a6-40e7-aacf-ba02b3089bb4@virtualevals.org>

Date: Friday, March 17, 2023 at 4:07 AM

To: health.professions@wesleyan.edu <health.professions@wesleyan.edu>
Cc: vecollectinvitations@gmail.com <vecollectinvitations@gmail.com>
Subject: [veCollect.] Request for evaluation from Xiaohan Zhan

has informed the web-based evaluation letter service veCollect that you have agreed to write a letter of evaluation for his/her/their application for a Committee Letter.

Your <u>signature</u> on the letter certifies that it was written in its entirety by you on behalf of the applicant.

We appreciate the great care and thoughtfulness that characterize the letters of recommendation written for our applicants to health professional programs. Thank you for your efforts on their behalf. Should you have any questions regarding the letter packet or veCollect contact the Health Professions Administrative Assistant, 860-685-3376, Boger Hall, Gordon Career Center, 41 Wyllys Avenue, Wesleyan University, Middletown, CT 06459, or by email at health.professions@wesleyan.edu

sure that you specify at some point in your letter that you are recommending this person for the specific health profession of their interest.

Please be sure your letter is dated, includes your full name and title, and is printed on letterhead stationery if you are associated with an academic institution or professional organization (if you do not have letterhead, make sure to include your email address and phone number below your signature). Your letter should be single-spaced and in 12-point type for readability. Because the letter you submit to veCollect will be used for all the applicant's health professional schools, letters should not be addressed to any specific school or program. A salutation is not required, but you may address your letters generically as "Dear Admissions Committee Members."

You will submit your letter electronically to veCollect. The applicant that has requested your letter will create an "Evaluator" file for you on veCollect and you will receive an email with instructions on how to upload your document. The staff at veCollect reviews the letters and is **unable to accept any unsigned letters.** The applicant should have provided you with a signed Reference/Waiver form when completing the Letter Packet Registration process that also provided you with some basic guidelines. Your signature on the letter certifies that it was written in its entirety by you on behalf of the applicant.

You will submit your letter electronically to veCollect. The applicant that has requested your letter will create an "Evaluator" file for you on veCollect and you will receive an email with instructions on how to upload your document. Look out for an email from veCollect, it may go to junk mail. The email sender will look something like this: collect+3d2a24..c00b13d5ffe11@virtualevals.org. Which is basically the word 'Collect+' with a series of random letters and numbers that will be specific to your veCollect ID which is generated by Virtual Evals to collect your individual letters. veCollect reviews the letters and is **unable to accept unsigned letters**. The applicant should have provided you with a signed Individual Letter Request Form that includes a Waiver Statement. Please note that the applicant must indicate that they waive their right to see your letter given that the Wesleyan Letter Packet Cover Letter is confidential and as part of the packet your letter needs to be confidential as well. This letter request form also provides you with this basic writing guidelines handout.

We appreciate the great care and thoughtfulness that characterize the letters of recommendation written for our applicants to health professional programs. Thank you for your efforts on their behalf. Should you have any questions regarding the letter packet, veCollect and/or the Credential Service, these may be directed to the Health Professions Administrative Assistant 860-685-3376, at **health.professions@wesleyan.edu**, Boger Hall, Gordon Career Center, 41 Wyllys Avenue, Wesleyan University, Middletown, CT 06459.

Submitting Official Transcripts and Your Wesleyan Credits

In Support of Your Committee Letter

To request that an official copy of your Wesleyan transcript be sent to the HPAA for use by the Committee Letter Panel, complete the "Request for Official Wesleyan Transcript Form" available on the Committee Letter Request webpage on the GCC website.

By completing the form, the registrar will send us a copy of your official transcript without charging you the \$5.00 processing fee. We do not provide AMCAS or any other centralized application service with our copy of the applicant's transcript. This copy of the transcript will be used for the Health Professions Panel's review of your committee letter file on veCollect. You are separately responsible for submitting official transcripts to the centralized applications per the directions below.

For Centralized Applications (AMCAS, AACOMAS, AADSAS, VMCAS, TMDSAS)

Our office does not send transcripts for the centralized applications.

You will be required to submit an official transcript for every college/university attended. You will request these through the registrar's office. This may be done in person or electronically. To request the Wesleyan Official Transcript, go to the <u>Registrar's website</u> to begin.

Here are the step-by-step instructions for requesting a transcript electronically for **AMCAS**:

- 1. Select 'Educational Organization, Application Service and Scholarships (other than a school)'.
- 2. Select AMCAS American Medical College Application Service'.
- 3. Enter multi digit AMCAS Transcript ID # that is generated when you enter Wesleyan as college attended
- 4. Select 'Electronic Exchange'—this is the only option. Yes, we are an approved school for Electronic Transcript Exchange with AMCAS.
- 5. Check box.
- 6. Select '1'copy=\$5.00(only option) and a \$2.50 processing fee: for a total of \$7.50
- 7. Do NOT click 'Upload Documents'. AMCAS students do NOT need to upload or send the AMCAS Transcript Request Form because Wesleyan is sending the document electronically that gets generated by AMCAS but <u>you will need the</u> Transcript ID Number.

Here are the step-by-step instructions for requesting a transcript electronically for **AACOMAS**:

1. Select 'Educational Organization, Application Service and Scholarships (other than a school)'.

- 2. Select 'AACOMAS—American Association of Colleges of Osteopathic Medicine.
- 3. Enter CAS Transcript ID 10-digit AACOMAS Account Number.
- 4. Select 'Electronic Exchange'—this is the only option. Yes, we are an approved school for Electronic Transcript Exchange with AACOMAS.
- Check box.
- 6. Select '1'copy=\$5.00(only option) and a \$2.50 processing fee: for a total of \$7.50
- 7. Do NOT click 'Upload Documents'. AACOMAS students do NOT need to upload or send the AACOMAS Transcript Request Form because Wesleyan is sending the transcript electronically but you will need the Transcript ID Number.
- 8. Do NOT click 'Upload Documents'.

Here are the step-by-step instructions for requesting a transcript electronically for the **ADEA AADSAS** (Associated American Dental Schools Application Service):

- 1. Select 'Educational Organization, Application Service and Scholarships (other than a school)'.
- 2. Select 'ADEA AADSAS American Dental Association.
- 3. Enter AADSAS CAS Transcript ID.
- 4. Select 'Electronic Exchange'—this is the only option. Yes, we are an approved school for Electronic Transcript Exchange with AADSAS.
- 5. Check box.
- 6. Select '1' copy = \$5.00—this is the only option.
- 7. A \$2.50 processing fee will be added at the end
- 8. Do NOT click 'Upload Documents,' you will not need to upload documents because Wesleyan sends the transcript electronically.

For **VMCAS** or Veterinary Medical College Application Service, you will need to request that a paper copy of your transcript be sent along with the "**Transcript Request Form**" that is generated when you complete that section of the VMCAS application (this form will be uploaded to the Wesleyan Registrar's website when you request the transcript). The registrar will need to send the official transcript to:

VMCAS Transcript Processing Department P.O. Box 9126 Watertown, MA 02471

For the **TMDSAS** or Texas Medical and Dental Schools Application Service, you will need to request that a paper copy of your transcript be sent along with the "**Transcript Request Form**" that is generated when you complete that section of the TMDSAS application (this form will be uploaded to the Wesleyan Registrar's website when you request the transcript). The registrar will need to send the official transcript to:

TMDSAS P.O. Box 2175 Austin, TX 78768

Wesleyan Credits

When you complete your centralized application (AMCAS, AACOMAS, AADSAS, VMCAS, TMDSAS, etc.) you will find a section on the application where you are entering all your completed courses. As part of this section, you must enter the number of credits **exactly** as they appear on your official transcript unless they ask you to convert them to a 4-credit scale.

FYI: Currently, a one credit course at Wesleyan is equivalent to **four semester credits**, a 0.75 credit course is equivalent to **three semester credits**, a 0.50 credit course is equivalent to **two semester credits**, a 0.25 credit course is equivalent to **one semester credit**.

The Committee Letter Activity, Experience, Extracurricular Detail Worksheet

Use this worksheet to list below in chronological order, from more recent to past, your various activities, interests, research, publications, honors/awards, study abroad, internships, extracurricular involvement, work, volunteer and clinical experience throughout college and postcollege (if applicable). Indicate date or duration of activity, e.g. June 2013 - August 2014 and please include hours per week for jobs and include total hours thus far for shadowing, volunteer work, and community service experiences that are ongoing or have been completed. The activities, experiences and extracurriculars will be classified into two areas: (1) Health and Science (2) Non-Science and Clinical Employment, Service to the Community and Extracurricular Activities. Health and Science will include a separate entry for each volunteer engagement in clinical /patient care/hospice/shadowing experiences, academic pursuits such as research, tutoring, and serving as a Teaching Assistant. Under Non-Science/Clinical Employment etc, include entries for all the work positions regardless of whether they are relevant to healthcare. In the description you may reflect on how these jobs have afforded you the opportunity to gain skills that will be relevant to your future health career. This document may be as long as necessary since you will be listing in detail all of your volunteer and work experiences. After completing the worksheet and organizing all of your activities/experiences/jobs, the NEXT step is to take all of this information and create a document that looks more like a RESUME but is NOT limited to one page. See the Health Professions Panel Committee Letter Resume TEMPLATE on page 30. This detail worksheet will also assist you in completing the Activities/Experiences section of the primary or centralized application to the Health Professions Program you are applying to, copy and paste this format to create as many entries as needed:

Position Held/ Role	Name of Organization & Institution	Name of Supervisor	Dates (start of experience to end)	Hours/WK	Total Hours

Describe briefly what you did (limit your description to ~700 characters). Include specific duties, accomplishments, events associated with the experience. If this was a research experience, include details about the study (i.e. what was studied, what was your role in terms of procedures, designing experiments, techniques, did you co-author a publication, etc.).

WRITE information HERE

Health Professions Committee Letter Resume

Use the exact format shown below to prepare this resume. Use a left-hand alignment for the text as shown and please limit your descriptions of the activity to 700 to 1000 characters. This resume along with the Activity, Experience, Extracurricular Detail Worksheet will assist you in the Work/Activities section on the centralized application for medical school (AMCAS and AACOMAS). However, the character limit for the experiences on the AMCAS is 700 characters and your three most meaningful experiences will have a limit of 1325 characters.

NAME

Email and phone number

EDUCATION

B.A., Wesleyan University, Middletown, CT, May 2016

GPA: 3.6/4.0

Majors, Minors, Concentrations (if applicable):

Study Abroad: Name of program, affiliation, location, dates of program [month-month/year].

Thesis [if applicable]: Full Title

Honors [if applicable]:

Certificate [if applicable]:

Dean's List, Wesleyan University: Semester, Year

XXXXX Prize for excellence in "Whatever it Was", DATE

Presentation/Publication Formatting:

BOOK or REPORT (Upper Case)

Committee on Scientific Standards for Studies on Modified Tobacco Risk, Board on Population Health and Public Health Practice, Institute of Medicine. *Scientific Standards for Studies on Modified Risk Tobacco Products*. Washington, DC: National Academies Press, 2012.

http://www.nap.edu/openbook.php?record_id=13294&page=R1

POSTER (Quotes and lower case)

"Assessing potential of private health facilities for initiating PMTCT services in Andhra Pradesh and Maharashtra, India," S. Sucharitha, C. Hoblitzelle, R. Enumula, R. Dasari, R. Mathur, **H. Braun**, S. Kulsange, A. Addala, R. Siriki, M. Mudaliar, C. Chatla, and S. Raghavan. Poster presented at the XVIII International AIDS Conference, Vienna, Austria, 18-23 July 2010.

ARTICLE in JOURNAL (NO Quotes and lower case)

- Long-term AZT exposure alters the metabolic capacity of culture human lymphoblastoid cells, O. Olivero, C. Vazquez, J. Cooch, J. Ming, E. Keller, M. Yu, J. Borojerdi, **H. Braun**, E. McKee, and M Poirier. *Toxicological Sciences* 115 (2010): 109.
- Centrosomal amplification and aneuploidy induced by the antiretroviral drug AZT in hamster and human cells, J. Borojerdi, J. Ming, C. Cooch, Y Ward, C. Semino-Mora, M. Yu, **H. Braun**, G. Taylor, M. Poirier, and O. Olivero. *Mutation*Research/Fundamental and Molecular Mechanisms of Mutagenesis 665 (2009): 67-74.

Health and Science [Chronological order – most Recent first]

Volunteer, Emergency Department, [Kate Kearns, volunteer services] Middlesex Hospital, Middletown.

CT. May 2015-July 2015. **60 total hours**. Cared for the non-clinical needs of patients in the Middlesex Hospital Emergency Department. Along with providing reassurance and a friendly face, I folded linens to deliver to each patient's room. Upon entering the room I spoke with the patient and or delivered their family to ensure all felt welcome and comfortable. If requested, I would locate a nurse for an update or delivered coffee or water. I restocked supplies. Prepared rooms for new patients and assisted the nursing staff with other tasks.

Research Assistant, Department of Biology, Program in Neuroscience and Behavior, [Sam Scientist

PhD], Wesleyan University, Middletown, CT. January 2014-April 2016. 15 Hrs/Wk. Participated in studies with an lab focused on the measuring the up-regulation of membrane molecules to suppress seizures in mice. As a research assistant I generated, maintained and imaged mice brain tissue slices to determine the whether

- **Clinical Research Assistant**, Division of Whatever [Supervisor, MD, PhD, MD/PhD, PA, RN, if applicable], Any Medical Center, City, MA, Start/End DATES, succinct description [see EXAMPLE in the entry above and entries below].
- **Volunteer**, Therapeutic Services Department, [Supervisor, MD, PhD, MD/PhD, PA, R,N if applicable], Rehabilitation Center, Somewhere, CA, Start/End DATES, HOURS (Hr/Wk; Total Hours)
- **Teaching Assistant**, XXXX Department, [Supervisor, MD, PhD, MD/PhD, PA, RN, if applicable], Wesleyan University, Middletown, CT, Start/End DATES
- **Peer Tutor**, Office of the Dean of the College, [Supervisor, MD, PhD, MD/PhD, PA, RN, if applicable] Wesleyan University, Middletown, CT, Start/End DATES

- **Research Assistant**, XXX Department, [Supervisor, MD, PhD, MD/PhD, PA, RN], if applicable], City Hospital, Boston, MA, Start/End DATES
- **Research Assistant**, XXX Department, Wesleyan University, [Supervisor, MD, PhD, MD/PhD, PA, RN], if applicable] Middletown, CT, Start/End DATES

Volunteer, Emergency Department, [Supervisor, MD, MD/PhD, PA, RN, if applicable], Some Medical Center, Somewhere CA, Start/End DATES, HOURS (Hr/Wk; Total Hours). <u>SUCCINCT</u> Description of responsibilities. Transported patients to and from rooms in wheelchairs or on stretchers. Provided food and water for waiting patients and talked with patients in need of emotional support and companionship. Cleaned and stocked rooms.

Employment, Service to the Community, and Extracurricular Activities [Chronological order – most Recent first]

Teaching Assistant, Department of Biology, Wesleyan University [Ruth Johnson, PhD], Middletown, CT. September 2020- December 2022. **1 Hr/Wk**. As a junior I was a teaching assistant for an introductory biology course. Friday mornings were dedicated to problem based learning in a small section format. Over the one-hour period the teaching assistants rotated from group to group so we had contact with everyone in the class. Working so closely with students allowed me to see a variety of learning styles and challenged me to adapt my explanations to fit everyone's needs. For some an illustration would help, whereas others benefited more from an analogy.

Volunteer/Mentor, City Big Brothers and Sisters, [Supervisor name], BigWave, CA, Start/End DATES, HOURS (Hr/Wk; Total Hours) [succinct description]

Student Worker, XXX Department, [Supervisor name], Wesleyan University, Middletown, CT, Start/End DATES

Student Coordinator, Club or organization [student-run or supervisor name], location, Start/End DATES

Groundskeeper/Maintenance Worker, [Supervisor name], Some Building, Somewhere, CA, Start/End DATES ...

Volunteer Coach, Any High School Football, [Supervisor, MD, PhD, MD/PhD, PA, RN, if applicable], Somewhere, CA, Start/End DATES, HOURS (Hr/Wk; Total Hours)....

Other skills and interests: Clinical certifications; language(s) and levels of proficiency; athletic team; hobbies and interests.

Institutional Action

When requesting a committee letter of recommendation, you complete a Letter of Clearance Form, which provides the Health Professions Advisor/Program Coordinator with a Letter of Academic and Disciplinary Clearance from the Office of Student Affairs. If you have any record of disciplinary sanctions at Wesleyan, you will receive a copy of this letter, describing in detail the violation (e.g. intoxication, disturbance of the peace, etc.).

For complete transparency, a brief description of the violation is included at the end of the committee letter.

Upon completing your centralized application to health professional programs, you will be requested to disclose any incident that pertains to non-academic conduct violations as well as academic misconduct.

In the AMCAS, the exact language that appears is:

"If you were ever the recipient of any institutional action by any college or medical school for unacceptable academic performance or conduct violation, you must answer Yes, even if such action did not interrupt your enrollment or require you to withdraw. Furthermore, select Yes even if the action does not appear on, or has been deleted or expunged from, your official transcripts as a consequence of institutional policy or personal petition.

Failure to provide an accurate answer to the question about institutional action or, if applicable, failure to complete the form provided by the school will result in an investigation. Medical schools require you to answer the question accurately and provide all relevant information. Medical schools understand that many individuals learn from the past and emerge stronger as a result. Full disclosure will enable medical schools to evaluate the information more effectively within the context of your application."

If a health professional school requests a copy of this Letter of Academic and Disciplinary Clearance, please send the request to Mildred Rodríguez, PhD, the Health Professions Advisor/Program Coordinator, who will send a general cover letter from our office with a **copy of the original letter of Academic and Disciplinary Clearance** to that specific program. Send the request by email to: mrodriguez01@wesleyan.edu and include in the SUBJECT LINE of the email: **Request for Letter of Clearance**.

Releasing the AMCAS/AADSAS Information to the Health Professions Advisor at Wesleyan

Upon your application to medical and dental schools you are given the option of Releasing Your Application Information to your HP Advisor, this information can be found in <u>AMCAS Applicant</u> <u>Guide</u> found on the AAMC website (there is a similar request on the AADSAS). You are <u>required</u> to release your AMCAS/AADSAS information as part of your eligibility requirements for the committee letter to the Wesleyan Health Professions Advisor/Program Coordinator.

Applying to Canadian Medical Schools

There are only 17 medical schools in Canada, and admission is extremely competitive; the admissions rate ranges from 2%-13%. Canadian schools highly favor applicants from their own province. Schools tend to prioritize test scores and grades.

The province of Ontario has the most medical schools (six) and has its own central application service (OMSAS). The application includes much less text than the U.S. application services, AMCAS or AACOMAS. Application opens in July and deadline is in October, with no rolling admission.

The province of Quebec requires fluency in French and the applications are in French.

There are two private medical schools in Canada – McGill in Montreal and Memorial in Newfoundland. They both accept a tiny number of non-Canadians.

The MCAT is required by most Canadian medical schools. Laval University, University of Montréal, and Northern Ontario School of Medicine don't require the MCAT. McMaster only uses the CARS score.

Canadian schools offer significantly fewer interviews than U.S. schools and most have only a handful of interview dates in the winter (typically published on their websites).

Unlike U.S. schools which seem to value advisor input or at least respond to calls or emails with questions or advocacy for a student, most Canadian schools have no interest in input from advisors. The exceptions are McGill and Memorial.

For More Information

For general information on applying to Canadian medical schools:

The Association of Faculties of Medicine of Canada. https://www.afmc.ca/, including this section for prospective candidates https://www.afmc.ca/faq

The Canadian Medical Association (CMA) has a list of links to all the schools: https://www.cma.ca/En/Pages/canadian-medical-schools.aspx

Purchase the Admissions Requirements of Canadian Faculties of Medicine for \$25 (Canadian currency)

(https://www.afmc.ca/publications/admission-requirements-canadian-faculties-medicine)

Health Professions Committee Letter Post-Interview Checklist

For medical, dental and veterinary schools, we facilitate a "Committee Letter" <u>as defined by AMCAS</u> which includes the committee letter and the set of Letters of Recommendation (LOR) in the applicant's veCollect. Our office <u>DOES NOT</u> send official transcripts to AMCAS / AACOMAS / AADSAS / VMCAS

Please read carefully and note that the applicant is responsible for the following:

a) Provide a PHOTO to mrodriguez01@wesleyan.edu
b) Be sure to complete your veCollect Account set up following all instructions
c) Provide the HPAA and Mildred Rodríguez, PhD, with your ID# for AMCAS (8-digits); AMCAS Letter ID# (7-digits) for the "Committee Letter." And don't forget the ID# for AACOMAS if applying to osteopathic schools (10-digits) or TMDSAS ID# if applying to Texas Schools (6-digits).
d) For Dental or Veterinary medicine, AADSAS ID #, TMDSAS ID #, VMCAS ID # and List of Schools
e) Provide the HPAA a Tentative ALPHABETIZED list of schools. Please avoid truncated school names and abbreviations. <u>Please send one clear, concise e-mail</u> . You will also need to send your signed request for the committee upload to the HPAA by 17 June 2022 , send to the following email address health.professions@wesleyan.edu (The template for this document is in the "Committee Letter Request Instructions Handout" on page 19)
f) Specify the campus site(s) for medical schools with multiple locations: For example the Philadelphia Coll of Osteopathic Medicine: Philadelphia or Georgia campus or NYU-Long Island vs the NY-Grossman campus (i.e Midtown New York City)
g) <u>Double-check</u> the individual requirements for each school and made certain you have sent all the supporting documents needed (transcripts, photos, direct receipt by the school of a DOs letter, etc.). Create an excel spreadsheet to keep all of this information organized.
h) Check on the status of any pending requests for LORs not resolved by the time of the committee letter interview.
i) The committee letter file will be uploaded electronically to the AMCAS portal and via CAS to osteopathic medical, dental, veterinary schools and TMDSAS

Applicants to indicate on the AMCAS, AACOMAS, TMDSAS, AADSAS <u>or VMCAS</u> that the committee letter will be <u>submitted electronically</u>. The information for the <u>person</u> writing the committee letter of recommendation is:

Name of the recommender: Mildred Rodriguez, PhD

Title: Health Professions Advisor/Program Coordinator

Email address: health.professions@wesleyan.edu

The HPAA will receive an email with a link to the AADSAS / AMCAS / VMCAS / CAS / TMDSAS portal and instructions for the submission of the electronic Committee Letter File on behalf of Mildred Rodríguez, the HP Advisor. The "committee letter file" will include the committee letter, the individual Letters of Recommendation in your veCollect Quivers and the Health Professions Resume.

Important FYI Notes:

You may ask medical/dental schools for time extensions , if needed, regarding the arrival of your committee letter file given that the Wesleyan Health Professionals Panel members have a set timeline of June-August for our committee letter file revision process. Hence, the official timeline for committee letter uploads is 30 July through the second Friday of August. See a description of the panel review process below.
With well over 50-60+ Wesleyan applicants on average each cycle, we are not able to do letter submissions that entail online, fill-in forms.
Transcripts: You will need to request an official transcript from the registrar's office and have it sent to AMCAS, AACOMAS, AADSAS, VMCAS. The transcript in veCollect is for the HP Panel's perusal.
To send "Individual Letters" to a medical, dental, veterinary medicine schools which are separate from the committee letter file you will need to coordinate with that specific letter writer directly and provide them with the AMCAS "Individual Letter" Request Form, which has a Letter ID number assigned by AMCAS for that specific letter writer. For dental, osteopathic medical schools and veterinary medicine, the letter writers will need the AACOMAS, AADSAS or VMCAS ID # to be included in their letter (preferably on each page).
The committee letter file is uploaded by the HPAA. Our office will not transmit other letters unless they are part of the Committee Letter File or part of a Letter Packet, which is an option for individuals that miss the committee letter deadline.

Note that for Caribbean Medical, Foreign Medical or Veterinary Medicine Schools
postal mailing addresses are required if an email address is not available. The committee letter
file is sent out by the HPAA, please send her an email with your request and include the following
under the email "SUBJECT": "Committee Letter File Request."
Letter of Academic and Disciplinary Clearance (LOC) Request: You will receive emai
requests from the various HP programs you have applied to asking for an official copy of you
LOC. We work with the Office of Student Affairs to obtain this official letter of academic and
disciplinary clearance. This will be sent out from our office in the Gordon Career Center, please
forward the email request to us, copy both Dr. Rodríguez (HPA) and the HPAA. We will send the
LOC by postal mail or email depending on the request from each individual program. The HPAA
will send each of you a copy of the official LOC for your records in May of your application year.
Peruse the Instructions and Overview of the Request for the Committee Letter
Handout as a resource throughout this process and the veCollect Overview Handout for any
questions you might have about veCollect throughout this process. For any other questions, reach
out to us and we will get back to you as soon as possible.

Timeline of the Committee Letter Review

Regarding the Timeline of the Committee Letter Review and its upload to the various centralized application services, this is a multi-step process. To begin, a first "Draft" of the committee letter (CL) is written by Mildred Rodríguez, PhD, Health Professions Advisor/Program Coordinator (HPA) within a week after the interview. In March, when all of the individual letters of recommendation have been uploaded to veCollect, quotes are selected from these individual letters of recommendation and added to the "body" of the committee letter (three individual LORs need to be uploaded to the applicant's veCollect by the 3rd Friday of March 2023). This "LOR" draft of the committee letter is then uploaded to veCollect. After the final exams in the spring through the first week of August, the seven to eight Health Professions Panel members (HP Panel, please note that the HPA is the Co-Chair of the Panel) review each "committee letter file" commencing with Applicant #1 (as each applicant is interviewed for the committee letter, a number is assigned to that applicant, the first person to interview is Applicant #1 and so forth). When each "LOR Committee Letter" file is reviewed by the HP Panel, the health professions advisor/program coordinator (HPA) finalizes the committee letter incorporating the HP Panel's recommendations, formats it by adding the applicant's name and ID #s to every page and sends it to the HPAA to be uploaded to the centralized applications. The official timeline for upload is 30 July through the second Friday of August.

If you had your committee letter interview in the fall of 2022 and have some important updates for your letter, make an HP Advising Appointment with Mildred Rodríguez, PhD, Health Professions Advisor/Program Coordinator (**HPA**) to add these changes to your LOR draft of the committee letter between January and May 2023.